

# INFORMATION AND RECOMMENDATIONS to work safely abroad

The right to decent working conditions is the  
employer's obligation



British Embassy  
Bucharest

**INFORMATION AND  
RECOMMENDATIONS**  
to work safely abroad



## HOW TO PREVENT WORK EXPLOITATION

- Find out as much detail as possible about the company and the people facilitating the job placement (name, address, etc.)
- Check the working conditions through the websites of foreign embassies, ask for details about accommodation and transport
- Request the employment contract in Romanian
- Do not agree to be paid for certain services as a loan.
- Do not accept to have your passport, identity card or bank card withheld
- Do not pay any money for unpaid taxes, warranties or transport costs
- Tell your family and friends about your plan to go for work abroad



## WHAT ARE THE SIGNS OF EXPLOITATION?

- Poor working or accommodation conditions (crowded, dirty spaces, without utilities)
- Failure to receive pay or receive small increments of money
- Continuous supervision at accommodation and workplace
- Withholding of documents (identity card, passport, driver's licence)
- Lack of protective equipment
- Prohibition or limitation of contact with family or other people
- Threats, hits, intimidation
- Invoking alleged debts to induce you to work without pay or to work longer hours



## HOW DO I WORK ABROAD SAFELY?



Non-resident Romanian citizens can travel to/transit through the UK for tourist/visit purposes for a period of up to 6 months in a year, without requiring a visa. **Romanian citizens who wish to work during the 6 months must first obtain an entry visa.** The most common visas are for seasonal workers - agricultural workers, for health workers, for skilled workers, etc.

More info you can find here [www.gov.uk/browse/visas-immigration/eu-eea-swiss](http://www.gov.uk/browse/visas-immigration/eu-eea-swiss) or scan the QR CODE.



You can obtain advice about the types of employment from a legal advisor or from

## Citizens Advice Bureau

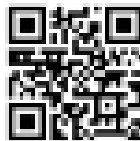
Adviceline (England): **0800 144 8848**

Advicelink (Wales): **0800 702 2020**

Scottish Citizens Helpline

**0800 028 1456**

You can access an online course that can help you to be informed of your workers rights in the UK.



## WHERE TO SEARCH FOR A SAFE JOB

### IN THE UK:

Government Portal "Find a job" [www.gov.uk/find-a-job](http://www.gov.uk/find-a-job)

Companies in the field of interest/sponsors [www.gov.uk/government/publications/register-of-licensed-sponsors-workers](http://www.gov.uk/government/publications/register-of-licensed-sponsors-workers)

Employment agencies in the UK (agriculture, forestry, horticulture, mollusc harvesting, food processing and packaging) [www.gla.gov.uk](http://www.gla.gov.uk)

Verify company data on the website [www.companieshouse.gov.uk](http://www.companieshouse.gov.uk)

### IN ROMANIA:

- ANOFM - National Employment Agency [www.anofm.ro](http://www.anofm.ro),
- AJOFM - County Employment Agencies - 1 agency in every county. They also offer labour mediation services
- European mobility portal, EURES: [www.eures.anofm.ro](http://www.eures.anofm.ro)

If you find a job through an agency in Romania - Check if the agency is registered, in the register of the Romanian Labor Inspectorate.

[www.inspectiamuncii.ro](http://www.inspectiamuncii.ro)



## INFORMATION AND RECOMMENDATIONS to work safely abroad



## WHAT ARE THE MAIN RIGHTS I HAVE?

- Get paid fairly for the work done
- Receive information on salary, tax contributions, worked hours, etc.
- To not be discriminated or treated unfairly
- The right to daily and weekly rest, maternity and paternity leave
- The right to safety and sickness benefits
- Minimum notice periods and protection against unfair dismissal

## HOW DO I RECOGNIZE A RISK SITUATION?

### Such a situation may arise if:

- money/commission is requested for job placement
- too high salaries are promised for the work to be done
- selection and employment is done quickly, under any conditions, without any qualifications or experience
- you are not given details about the work you will do, the salary, the working hours and the place where you will work
- you are told that certain services (accommodation, transport, etc.) are paid for by a company or person and you will return the money from your salary
- the contract is written in a language you do not understand

**If you are in a trafficking situation or suspect someone might be, call the numbers below!**



### IN THE UK:

**08000 121 700 Modern Slavery Helpline**, non-stop program, with Romanian translators.

**999 - for emergency situations/Police**

### IN ROMANIA:

**0 800 800 678 National Agency Against Trafficking in Persons** or **+4021.313.31.00** (from abroad)

**112 - for emergency situations/Police**

**Justice and Care** is an international organisation that helps rescue victims of human trafficking and supports them to access the services needed for reintegration. We work with the police to dismantle criminal networks and bring the perpetrators to justice. We help protect communities and people exposed to the risks of human trafficking and support authorities to develop their prevention and protection mechanisms.

**To learn more about our work, get involved and help support us, visit [justiceandcare.org](https://justiceandcare.org) or scan QR code**

